

Articulation Practice: S & Z and other sounds

Ideas for practicing targeted sounds in GAMES & on the GO!

Determine the level: Are you targeting accuracy at the word level, phrase level or sentence level. If you are at sentence level practice then check out the following ideas to slip in some fun practice!

In the car:

Play 20 questions: The questions will have lots of opportunities to practice your target sounds, especially /s/ and /z/ sounds.

Play "I spy", targeting /s/ and /z/ words.

Play "Going on a safari/picnic". Each player takes turns saying what they will bring, "I am going on a safari and I am taking....." Then each player says the items the previous players have stated and then adds their own word that includes the targeted sounds. (This game is also great for auditory memory!)

At home

Use magazines or vacation pictures and describe them using "good s & z" sounds.

Play Guess Who? The question, "Does your person have....." "Is your person...." includes the chance to target /z/ and /s/ sounds in sentences. Players respond, "Yes he does", or "No, he doesn't" to add more practice.

Make up sentences with words from lists and read aloud.

Use the word lists with your targeted sound and complete MadLibs and read aloud.

Tell riddles and knock-knock jokes. Review the jokes and riddles first, identifying words that contain target sound, then practicing saying them...without laughing!

Use the internet to Google short stories, poems and riddles with your target sound.

Comic books and the Sunday funnies have great short phrases and sentences for fun articulation practice.

These are suggestions. Please consult with a certified speech language therapist if you have concerns regarding your child's communication development.