## Tips to Creating Conversations

- 1. Put the phone down! Set the example
  - · No "multitasking" during conversations
  - Full Body Listening; eyes, body, brain!
- 2. Speaking and Listening needs practice.... A LOT!
- 3. Conversation is not an interrogation
  - Questions should be non-threatening
  - Purpose is to elicit deeper thinking
- 4. Create a Buy In! Pick interesting topics, add humor, emotional tie
- Show the language of thinking by talking out loud to identify and solve problems
- Model language to show how you would give examples to support an opinion; i.e.; I like the beach because the ocean is beautiful and it's fun to play in the water.
- Acknowledge & Add; Acknowledge what was said, then add on-topic comments/questions
- Allow time to process information and organize answers

Lynn Epstein MS SLP CCC

Laguna Beach Language & Speech Clinic